

# FHC NEWSLETTER

November 2024

## Using the NHS App

### Results

'Your Health' > @GP Health Record' > 'Test Results' > @View all test results' > select the year the tests were taken. If a result does not show on the app, it is unlikely we will have it at the practice either.

### Emergency prescription

'Services' > 'Request an emergency repeat prescription using NHS 111 online'. You will be charged the usual prescription fee, if you do not usually pay - it will be free.

### Track referrals

'Your Health' > Upcoming and past appointments' > 'Referrals' also 'Waiting lists' and 'Hospital Appointments'. We do not have access to waiting time information for individual patients.

## Reminders

We cannot accept samples with no patient details, please ensure to complete the attached form. Samples need to be submitted before 2pm on Fridays to be sent with the courier.

## RSV Vaccines

In the new year we will be administering Respiratory Syncytial Virus vaccines. It affects an estimated 64 million people worldwide each year. You will be eligible if you're aged between 70-79.

## NHS App Info

If you need your linkage key, passphrase and practice code, we can provide this to you. Just call us or visit the front desk!

## Awareness Days

### International Stress Day

Pressure at work, school or home, illness or sudden life events can all lead to stress. Please remember support is available when we're open. You can also use 111 or the 24hr help line through the Samaritans.

### World Diabetes Day

Research found that over 50% of people living with diabetes miss their healthcare appointments. Diabetes is a complex serious condition. Hear the stories and join the community on the Diabetes UK website and find out what they're doing to end the stigma.

### World Children's Day

You can find the schedule of health and development reviews on the *NHS* website.

## Reminders

We will be closing at 18.30pm on Tuesday 24th December and reopening at 8am on Friday 27th. We will also be closed on Wednesday 1st January for the bank holiday.

## Update contact details

If you've recently changed your address, phone number or email, please let us know so that we can contact you if required. You can give us a call or drop a note through our letterbox when we're closed.

## Contact Info

**Website:**

**[www.faldoc.co.uk](http://www.faldoc.co.uk)**

**Phone:**

**01326210090**

**MERRY CHRISTMAS  
&  
A HAPPY NEW YEAR  
FROM ALL AT FHC!**