

APRIL, 2025

ISSUE 15



# FHC NEWSLETTER

## GP PRACTICE NEWSLETTER

### WHAT'S IN THIS ISSUE

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OVERFLOW HUB

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NEW STAFF

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SELF HELP

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### APRIL 24TH-30TH

IN THESE 50 YEARS,  
VACCINATION ACCOUNTS  
FOR 40% OF THE  
IMPROVEMENT IN INFANT  
SURVIVAL, AND MORE  
CHILDREN NOW LIVE TO SEE  
THEIR FIRST BIRTHDAY AND  
BEYOND THAN AT ANY OTHER  
TIME IN HUMAN HISTORY.  
THE MEASLES VACCINE  
ALONE ACCOUNTS FOR 60%  
OF THOSE LIVES SAVED.



### WORLD IMMUNISATION WEEK

IMMUNISATION HAS SAVED 6 LIVES  
EVERY MINUTE SINCE 1974.

VACCINES PROTECT AGAINST MORE THAN  
30 LIFE-THREATENING DISEASES.

VACCINES PREVENT AROUND 2-3  
MILLION DEATHS WORLDWIDE EACH  
YEAR.

22 MILLION CHILDREN MISSED THEIR  
FIRST MEASLES VACCINE IN 2023.

## OVERFLOW HUB

**FOR PATIENTS REQUIRING FACE TO FACE CONSULTATION FOR ON THE DAY CARE INCLUSION CRITERIA**

- PATIENTS AGED BETWEEN 2 - 70 Y.O**
- PRESENTING WITH A SINGLE MINOR AILMENT (NON-COMPLEX)**

**PRESENTATIONS SUCH AS;**

- ENT ISSUE**
- FREBILE CHILDREN**
- CHEST INFECTIONS**
- SIMPLE SKIN CONDITIONS/INFECTIONS.**



**WE ARE THE HOST BUILDING FOR THE HUB, MEANING OTHER PATIENTS FROM OTHER LOCAL PRACTICES ARE ALSO BOOKED IN.**



**WE ARE DELIGHTED TO WELCOME LISA OUR NEW PATIENT CARE CO-ORDINATOR. LISA HAS JOINED FHC WITH AN EXTENSIVE BACKGROUND IN PRIMARY CARE, WITH OVER 10 YEARS EXPERIENCE UNDER HER BELT.**

**WE ARE ALSO CURRENTLY RECRUITING FOR A NEW APPRENTICE TO LEND A HELPING HAND WITH DAILY RECEPTION TASKS.**

**WE HOPE YOU FIND THEM AS HELPFUL AS WE DO!**

## SELF HELP...



**THE NHS WEBSITE AND APP HAS A 'HEALTH A-Z' LIST OF CONDITIONS, SYMPTOMS, TREATMENT, TESTS AND MEDICATIONS. THERE IS ALSO A SEPERATE TOOL FOR NAVIGATING SECTIONS SUCH AS 'BABY', 'MENTAL HEALTH' AND 'UACCINATIONS' AND FAMILY PLANNING. THIS IS AN INVALUABLE TOOL FOR SELF HELP MANAGEMENT BEFORE SEEING YOUR GP IN AN APPOINTMENT.**

## GET THE MOST OUT OF YOUR APPOINTMENTS



**TAKE A NOTE OF YOUR SYMPTOMS TO HELP JOG YOUR MEMORY IN YOUR APPOINTMENT, OR BRING A FRIEND FOR SUPPORT. DON'T BE AFRAID TO ASK QUESTIONS DURING YOUR CONSULATION. DON'T FORGET TO USE THE REST OF THE TEAM BY ASKING RECEPTION, ADMINISTRATORS OR SECRETARIES FOR QUERIES.**