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Table: Hormone Replacement Therapy (HRT)

On the 24 January 2019

Hormone doses and costs of HRT preparations.



**MIMS Women's Health
Clinic**

This content is from the MIMS Women's
Health Clinic.

Last updated 24th January 2019: added Senshio

Hormone replacement therapy (HRT)							
SYSTEMIC							
Type	Brand	Oestrogen	Progestogen	Formulation	Bleed	RX*	C
Sequential combined therapy	Clinorette	Estradiol (2mg, 2mg)	Norethisterone (1mg)	Tabs	M	2	£3
	Cyclo-	Estradiol	Norgestrel (500mcg)	Tabs	M	2	£3

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	Elleste Duet	Estradiol (1mg, 2mg)	Norethisterone (1mg)	Tabs	M	2	£3	
	Evorel Sequi	Estradiol (50mcg)	Norethisterone (170mcg)	Patches	M	2	£11	
	Femoston	Estradiol (1mg, 2mg)	Dydrogesterone (10mg)	Tabs	M	2	£5	
	Novofem	Estradiol (1mg)	Norethisterone (1mg)	Tabs	M	2	£3	
	Tridestra	Estradiol (2mg)	Medroxyprogesterone (20mg)	Tabs	Q	2	£6	
	Trisequens	Estradiol (2mg, 2mg, 1mg)	Norethisterone (1mg)	Tabs	M	2	£3	
	Type	Brand	Oestrogen	Progestogen	Formulation	Bleed	RX*	C
Continuous combined therapy	Angeliq	Estradiol (1mg)	Drospirenone (2mg)	Tabs	X	1	£11	
	Elleste Duet Conti	Estradiol (2mg)	Norethisterone (1mg)	Tabs	X	1	£5	
	Evorel Conti	Estradiol (50mcg)	Norethisterone (170mcg)	Patches	X	1	£11	
	Femoston Conti	Estradiol (500mcg, 1mg)	Dydrogesterone (2.5mg, 5mg)	Tabs	X	1	£8	
	Indivina	Estradiol (1mg, 2mg)	Medroxyprogesterone (2.5mg, 5mg)	Tabs	X	1	£6	

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		(2mg)					
	Kliovance	Estradiol (1mg)	Norethisterone (500mcg)	Tabs	X	1	£4
	Premique Low Dose	Conj. oestr (300mcg)	Medroxyprogesterone (1.5mg)	Tabs	X	1	£2
Type	Brand	Oestrogen	Progestogen	Formulation	Bleed	RX*	C
Gonadomimetic	Livial	Tibolone (2.5mg)		Tabs	X	1	£1
Selective oestrogen receptor modulator	Senshio	Ospemifene (60mg)		Tabs	X	1	£3
Type	Brand	Oestrogen	Progestogen	Formulation	Bleed	RX*	C
Tissue- selective oestrogen complex	Duavive	Conj. oestr (450mcg) [plus bazedoxifene (20mg)]		Tabs	X	1	£1
Type	Brand	Oestrogen	Progestogen	Formulation	Bleed	RX*	C
Unopposed oestrogen (if uterus is intact an adjunctive progestogen must be used)	Bedol	Estradiol (2mg)		Tabs		1	£1
	Elleste Solo	Estradiol (1mg, 2mg)		Tabs		1	£1
	Elleste Solo MX	Estradiol (40mcg,		Patches		1	£5 £5

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Estraderm MX	Estradiol (25mcg, 50mcg, 75mcg, 100mcg)		Patches		1	£5 £5 £6 £6
Estradot	Estradiol (25mcg, 37.5mcg, 50mcg, 75mcg, 100mcg)		Patches		1	£5 £6 £6 £7 £7
Evorel	Estradiol (25mcg, 50mcg, 75mcg, 100mcg)		Patches		1	£3 £3 £4 £4
Oestrogel	Estradiol (0.06%)		Gel		1	£4
Premarin	Conj. oestr (300mcg, 625mcg, 1.25mg)		Tabs		1	£2 £1 £1
Progynova	Estradiol (1mg, 2mg)		Tabs		1	£2
Progynova TS	Estradiol (50mcg, 100mcg)		Patches		1	£6 £6

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		(500mcg, 1mg)					£3
	Zumenon	Estradiol (1mg, 2mg)		Tabs		1	£2
	Type	Brand	Oestrogen	Progestogen	Formulation	Bleed	R
	Adjunctive progestogen	Climanor		Medroxyprogesterone (5mg)	Tabs		1
Mirena			Levonorgestrel (20mcg/24hrs)	IUS		1	£1
Utrogestan			Progesterone (100mg, 200mg)	Caps		1	£4 £4
	Type	Brand	Oestrogen	Progestogen	Formulation	Bleed	RX* C
LOCAL							
Oestrogen only	Estring	Estradiol (7.5mcg)		Vaginal ring		1	
	Generic prep	Estriol (0.01%)		Vaginal cream		1	
	Ovestin Cream	Estriol (0.1%)		Vaginal cream		1	
	Vagifem	Estradiol (10mcg)		Vaginal tabs		1	

Bleed: M=Monthly; Q=Quarterly; X=No bleed

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Cost=28 days

KEYWORDS: Estrogen

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HRT						
Hormone Replacement Therapy						
	BRAND	ESTROGEN	PROGESTOGEN	FORM		
SYSTEMIC Sequential combined therapy	Clonagest	Estradiol val.	(2mg)	Norethisterone (3mg)	Tablets	
	Clinovelle	Estradiol	(2mg, 2mg)	Norethisterone (3mg)	Tablets	
	Cyclo-progynova	Estradiol val.	(2mg)	Norgestrel (500mcg)	Tablets	
	Elivelle Duet	Estradiol	(1mg, 2mg)	Norethisterone (3mg)	Tablets	
	Evorel Sequi	Estradiol	(50mcg)	Norethisterone (50mcg)	Patches	
	Femoston	Estradiol	(1mg, 2mg)	Dydrogesterone (10mg)	Tablets	
	FemSeven Sequi	Estradiol	(50mcg)	Levonorgestrel (10mcg)	Patches	
	Novofem	Estradiol	(1mg)	Norethisterone (3mg)	Tablets	
	Prospank-C	Conj. oestr.	(625mcg, 125mcg)	Norgestrel (150mcg)	Tablets	
	Triestra	Estradiol val.	(2mg)	Medroxyprogesterone (20mg)	Tablets	
	Trisequens	Estradiol	(2mg, 2mg, 1mg)	Norethisterone (3mg)	Tablets	
	Continuous combined therapy	Angeli	Estradiol	(1mg)	Drospirenone (2mg)	Tablets
		Climesse	Estradiol val.	(2mg)	Norethisterone (100mcg)	Tablets
		Clivelle Duet Conti	Estradiol	(2mg)	Norethisterone (3mg)	Tablets

Hormone Replacement Therapy (HRT)

Hormone doses and costs of HRT preparations.

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Oestrogen/bazedoxifene: first tissue-selective oestrogen complex to treat menopausal symptoms

Duavive (oestrogen/bazedoxifene) is the first menopause...

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Prescribing hormone replacement therapy

What to consider when prescribing HRT to treat symptoms...

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Menopause: diagnosis and management NICE

See box on following page for diagnosis and management of premature ovarian insufficiency.

DIAGNOSIS

- Diagnose the following in otherwise healthy women aged >45 years with menopausal symptoms:
 - perimenopause based on vasomotor symptoms and irregular periods
 - menopause in women who have not had a period for >12 months and are not using hormonal contraceptives
 - menopause based on symptoms in women without a uterus.
- Do not use the following to diagnose perimenopause or menopause in women >45 years:

- anti-Müllerian hormone	- oestradiol
- inhibin A	- anti-Müllerian hormone
- inhibin B	- ovarian volume
- Do not use serum FSH to diagnose menopause in women using combined contraceptives or high-dose progestins
- Consider using serum FSH to diagnose menopause only:
 - in women 40–45 years with menopausal symptoms, including a change in menstrual cycle
 - in women >40 years in whom menopause is suspected.

Quick-reference MIMS summary of NICE menopause guidance now available

The new NICE guideline on the diagnosis and treatment...