

ENT Head & Neck

Urgent throat symptoms assessment – We will aim to see within 4 weeks

(Please note: having a combination of these low risk symptoms does not increase the risk)

- Sensation of something in throat (globus sensation)
- Intermittent sore/painful throat
- Throat discomfort (Odd throat sensations that are not painful - e.g. dry throat, scratchy feeling, gritty feeling, feeling of something in the throat, tightness, constriction, etc.)
- Tonsil asymmetry (please send a photo if possible)
- Longstanding (1yr+) intermittent non-progressive hoarseness

A patient booklet is available on the RMS website: [Throat symptoms patient information leaflet \(cornwall.nhs.uk\)](http://cornwall.nhs.uk)

Suspected cancer referral criteria - ENT & Thyroid Cancer – We will see within 2 weeks

Please tick **all** that apply

- Previously un-investigated, unexplained **palpable** lump in neck (includes thyroid, parotid & submandibular gland)

Has the patient recently had an Ultrasound Yes No , if yes, was an FNA performed? Yes No

Patients referred with palpable neck lumps that require further assessment, may:

- Have an ultrasound +/- FNA performed at the initial clinic appointment
- If same day ultrasound is not possible, this will be arranged as soon as possible
- Some patients may be referred direct to test based on vetting

- Unexplained persistent (> 4wks) sore or painful throat (especially with otalgia)
(*NOT for globus or throat discomfort – see box above*)
- Persistent (>3wks) unexplained hoarseness and age ≥ 45 years